

OUTSTANDING COMPETITORS
Selected by Coaches at State Tournament

1991	Sara Fallico (East)	Scott Peterson (Juneau) & Tip Jenny (Bartlett)
1992	Katy Brown (West)	
1993	Corisse Bittner (Homer)	Bill Hanson (Soldotna)
1994	Jodi Smith (Service)	Martin Meenaghan (Lathrop)
1995	Jessie Lewis (Juneau)	John Rogers (Lathrop)
1996	Sarah Murphy (Service)	Andrew Tainter (Service)
1997	Jessie Lewis (Juneau)	Eric Vik (Chugiak)
1998	Kayla Meirergerd (Chugiak) & Maria Reeves (Lathrop)	Derek Gibb (Petersburg)
1999	Emily McCoy (Dimond) & Maria Reeves (Lathrop)	Hunter McAllister (Lathrop)
2000	Rachelle Kula (Service)	Joshua Gemmell (Soldotna)
2001	Rachelle Kula (Service)	Hunter McAllister (Lathrop)
2002	Sara Rockwell (West)	Leon Rosefigura (Bartlett)
2003	Abby Kiffmeyer (SoHi)	Travis Williams (Lathrop)
2004	Meghan Cavanaugh (East)	Jared Jaime (Service)
2005	Meghan Cavanaugh (East)	Kyle O'Brien (Juneau)
2006	Swim: Laura Miller (Ketchikan) Dive: Megan Morton (Dimond)	Kyle O'Brien (Juneau) Ryan Borup (Ketchikan)
2007	Swim: Meghan Cavanaugh (East) Dive: Renee Jordan (East)	Wyatt Adams (Service) Ryan Borup (Ketchikan)
2008	Swim: Erin McDuffie (Service) Dive: Renee Jordan (East)	Cody Brunette (Juneau) Scott Wandersee (Kodiak)
2009	Swim: Sam Wicks (East) Dive: Renee Jordan (East)	Matt Summers (Dimond) Scott Wundersee (Kodiak)

ALASKA STATE CHAMPIONS
Each Year since 1976

1976

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	BARTLETT	1:56.26	WEST ANCHORAGE	1:47.17
200 Free	Kathy Knutson (West)	2:02.69	Mark Munroe (West)	1:50.30
200 IM	Peggy Brannon (Chugiak)	2:27.52	Chuck Rider (Bartlett)	2:06.37
50 Free	Kathy Ely (Dimond)	25.20	Havlin Kemp (Juneau)	23.04
Diving	Kerry Frick (East)	292.29	Gordon Purcella (East)	410.61
100 Fly	Trena Fromento (Dimond)	1:05.72	Chuck Rider (Bartlett)	56.34
100 Free	Kathryn Kemp (Juneau)	57.47	Havlin Kemp (Juneau)	50.25
500 Free	Kathy Knutson (West)	5:23.15	Lars Gregovich (Juneau)	5:07.49
100 Back	Lauri Rider (Bartlett)	1:07.20	Clark Rush (West)	56.71
100 Breast	Natalia Braspenninchx (Bar)	1:17.95	Mark Munroe (West)	1:02.03
400 F.Relay	DIMOND	4:03.32	JUNEAU	3:32.24

1977

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	BARTLETT	2:04.12	WEST ANCHORAGE	1:44.85
200 Free	Kari Valentine (Ketchikan)	2:01.39	Bob Kennedy (Ketchikan)	1:49.99
200 IM	Cheryl Eichner (Ketchikan)	2:17.74	Chuck Rider (Bartlett)	2:05.37
50 Free	Kathryn Kemp (Juneau)	25.63	McLeod (Dimond)	23.17
Diving	Chaille Owens (Dimond)	231.55	Gordon Purcella (East)	420.65
100 Fly	Karen Cole (Lathrop)	1:03.76	Clark Rush (West)	54.91
100 Free	Kathryn Kemp (Juneau)	55.06	Havlin Kemp (Juneau)	49.99
500 Free	Kari Valentine (Ketchikan)	5:29.52	Lars Gregovich (Juneau)	5:03.29
100 Back	Lauri Rider (Bartlett)	1:04.52	Clark Rush (West)	55.01
100 Breast	Cheryl Eichner (Ketchikan)	1:13.64	B. Roth (Bartlett)	1:05.71
400 F.Relay	DIMOND	4:02.12	JUNEAU	3:25.17

1978

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	KETCHIKAN	2:02.82	KETCHIKAN	1:44.52
200 Free	Lori Call (Bartlett)	2:06.15	Bob Kennedy (Ketchikan)	1:48.17
200 IM	Lori Zwick (Ketchikan)	2:16.27	Curtis Southworth (West)	2:05.05
50 Free	Jill Bornhoff (Dimond)	26.02	Chip Daugherty (Bartlett)	23.01
Diving	Leslie Parsons (Service)	323.75	Mike LaNorman (Dimond)	342.85
100 Fly	Sarah Emard (Ketchikan)	59.94	Tom Roth (Bartlett)	55.40
100 Free	Cheryl Eichner (Ketchikan)	56.05	Tom Newman (Chugiak)	50.78
500 Free	Sarah Emard (Ketchikan)	5:21.36	Eldon Morris (Ketchikan)	5:08.15
100 Back	Kari Valentine (Ketchikan)	1:06.14	Bob Kennedy (Ketchikan)	58.22
100 Breast	Lori Zwick (Ketchikan)	1:11.64	Chris Hodel (West)	1:06.04
400 F.Relay	KETCHIKAN	3:51.00	WEST ANCHORAGE	3:30.05

1979

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	DIMOND	1:57.38	WEST ANCHORAGE	1:44.17
200 Free	Katheryn Kemp (Juneau)	2:01.94	Kris Calvin (Sitka)	1:49.49
200 IM	Cheryl Wolf (Bartlett)	2:15.80	Curtis Southworth (West)	2:02.76
50 Free	Jill Bornhoff (Dimond)	24.56	Tom Roth (Bartlett)	22.74
Diving	Leslie Parsons (Service)	366.25	Danny Legg (Chugiak)	396.00
100 Fly	Sarah Emard (Ketchikan)	1:01.70	Tom Roth (Bartlett)	55.83
100 Free	Sarah Emard (Ketchikan)	53.87	Chris Hodel (West)	50.14
500 Free	Beth Fleener (Dimond)	5:35.18	Greg Beirne (West)	4:58.25
100 Back	Cheryl Eichner (Ketchikan)	1:03.12	Kurt Carlson (Ketchikan)	56.81
100 Breast	Julie Linford (West)	1:12.54	Chris Hodel (West)	1:03.01
400 F.Relay	WEST ANCHORAGE	3:51.62	WEST VALLEY	3:25.72

1980

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	2:00.04	BARTLETT	1:44.62
200 Free	Sarah Emard (Ketchikan)	1:58.71	Greg Beirne (West)	1:47.55
200 IM	Cheryl Wolf (Bartlett)	2:17.60	John Lindquist (Chugiak)	2:02.24
50 Free	Jennifer Hodel (West)	25.50	Ken Chaney (West Valley)	22.64
Diving	Chaille Owen (Dimond)	419.70	Danny Legg (Chugiak)	443.05
100 Fly	Beth Fleener (Dimond)	1:02.10	Tom Roth (Bartlett)	53.32
100 Free	Sarah Emard (Ketchikan)	53.42	Tom Roth (Bartlett)	48.93
500 Free	Laura Rutschman (Juneau)	5:26.57	Greg Beirne (West)	4:47.19
100 Back	Cheryl Eichner (Ketchikan)	1:02.24	Jon Wolf (Bartlett)	58.08
100 Breast	Julie Linford (West)	1:12.04	Carl Benson (West Valley)	1:02.04
400 F.Relay	WEST ANCHORAGE	3:47.95	CHUGIAK	3:24.80

1981

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	BARTLETT	1:58.47	WEST ANCHORAGE	1:44.62
200 Free	Lyn Smith (East)	2:01.00	Greg Beirne (West)	1:45.73
200 IM	Cheryl Wolf (Bartlett)	2:17.58	Bryan Biegal (Service)	1:59.23
50 Free	Jill Bornhoff (Dimond)	24.67	G. Scott Smith (Service)	21.93
Diving	Leslie Parsons (Service)	378.25	Danny Legg (Chugiak)	440.55
100 Fly	Cheryl Wolf (Bartlett)	1:01.76	R. Gibson (Dimond)	53.80
100 Free	Jill Bornhoff (Dimond)	54.39	G. Scott Smith (Service)	48.17
500 Free	Lyn Smith (East)	5:21.82	Greg Beirne (West)	4:44.73
100 Back	Candy Putnam (East)	1:04.97	Bryan Biegal (Service)	56.77
100 Breast	Julie Linford (West)	1:10.48	Jon Christensen (Service)	1:00.95
400 F.Relay	EAST ANCHORAGE	3:52.88	SERVICE	3:16.99

1982

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	1:58.54	KETCHIKAN	1:46.12
200 Free	Polly Silsz (Dimond)	1:57.26	Ted Wood (West)	1:48.99
200 IM	Mia Costello (West)	2:13.72	Carl Abrams (Bartlett)	2:00.06
50 Free	Cindy Roppel (Sitka)	25.60	Allan Chaney (West Valley)	21.83
Diving	Kate Sternhagen (East)	357.05	Alvin Spencer (Chugiak)	517.25
100 Fly	Cheryl Wolf (Bartlett)	1:01.14	Carl Abrams (Bartlett)	54.18
100 Free	Cindy Roppel (Sitka)	56.24	Doug Green (Soldotna)	50.03
500 Free	Lyn Smith (East)	5:20.82	Ted Wood (West)	4:54.51
100 Back	Candy Putnam (East)	1:02.66	John Zwick (Ketchikan)	57.69
100 Breast	Mia Costello (West)	1:08.57	Scott Woodbury (Ketchikan)	1:01.01
400 F.Relay	BARTLETT	3:47.83	BARTLETT	3:24.56

1983

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	1:56.15	BARTLETT	1:43.46
200 Free	Polly Silsz (Dimond)	1:58.28	Hansen (Bartlett)	1:48.16
200 IM	Mia Costello (West)	2:15.05	Carl Abrams (Bartlett)	1:58.53
50 Free	Cindy Roppel (Sitka)	24.86	Allan Chaney (West Valley)	21.27
Diving	Kate Sternhagen (East)	413.25	Holt (Service)	399.50
100 Fly	Cindy Roppel (Sitka)	1:00.59	Carl Abrams (Bartlett)	53.16
100 Free	Amy Carroll (Juneau)	54.96	Allan Chaney (West Valley)	47.76
500 Free	Laura Rutschman (Juneau)	5:19.41	Hansen (Bartlett)	4:52.63
100 Back	Candy Putnam (East)	1:03.25	Jim Turner (Dimond)	57.73
100 Breast	Mia Costello (West)	1:08.36	Scott Heber (Service)	1:00.84
400 F.Relay	CHUGIAK	3:55.74	CHUGIAK	3:29.47

1984

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	LATHROP	1:54.18	JUNEAU	1:43.67
200 Free	Candy Putnam (East)	1:57.31	Andrew Billings (W.V.)	1:45.83
200 IM	Mia Costello (West)	2:13.10	Trevor Desatoff (Dimond)	2:03.57
50 Free	Dana Hoffman (Lathrop)	25.20	Allan Chaney (West Valley)	21.07
Diving	Nancy Claggett (Dimond)	330.20	John Blasongame (East)	430.70
100 Fly	Cheryl Wolf (Bartlett)	59.98	Trevor Desatoff (Dimond)	55.25
100 Free	Beth Kozlowski (Dimond)	55.15	Allan Chaney (West Valley)	46.70
500 Free	Polly Silsz (Dimond)	5:21.93	Chris Hays (Sitka)	4:45.77
100 Back	Candy Putnam (East)	1:01.65	Jason Wilson (Juneau)	57.58
100 Breast	Mia Costello (West)	1:07.68	Todd Haltiner (Petersburg)	1:02.63
400 F.Relay	DIMOND	3:44.05	DIMOND	3:21.34

1985

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	1:55.72	SERVICE	1:44.05
200 Free	Jenny Naylor (West Valley)	1:59.71	Andrew Billings (W.V.)	1:42.69
200 IM	Mia Costello (West)	2:09.50	Kevin Patton (Chugiak)	2:01.53
50 Free	Olson (West)	25.43	Mike Byrnes (Dimond)	22.31
Diving	Nancy Claggett (Dimond)	398.40	Chuck Pettit (Service)	365.50
100 Fly	Polly Silsz (Dimond)	1:01.24	Van Perrigo (Service)	53.83
100 Free	Olson (West)	55.31	Mike Byrnes (Dimond)	48.22
500 Free	Jenny Naylor (West Valley)	5:19.50	Andrew Billings (W.V.)	4:49.97
100 Back	Sarah Rabinowitz (W.V.)	1:00.90	Frank Moore (Sitka)	56.94
100 Breast	Mia Costello (West)	1:06.92	Carl Jaynes (Ketchikan)	1:01.41
400 F.Relay	DIMOND	3:47.39	CHUGIAK	3:18.27

1986

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	BARTLETT	1:57.49	SERVICE	1:39.03
200 Free	Beth Janis (Bartlett)	1:59.51	Casey Green (Ketchikan)	1:47.25
200 IM	Sarah Rabinowitz (W.V)	2:11.29	Van Perrigo (Service)	1:57.78
50 Free	Wolf (Bartlett)	25.26	Joel Akers (West)	22.16
Diving	Julene Anderson (Service)	382.55	Jon Molotte (Bartlett)	395.70
100 Fly	Jill Abrams (Bartlett)	1:00.83	Van Perigo (Service)	52.02
100 Free	Beth Janis (Bartlett)	54.97	Joel Akers (West)	48.12
500 Free	Adriene Modafferi (Palmer)	5:17.03	Jacobsen (Soldotna)	4:58.43
100 Back	Sarah Rabinowitz (W.V.)	1:01.47	Jim Reeves (Bartlett)	54.98
100 Breast	Heidi Reynolds (Juneau)	1:09.30	Todd Haltiner (Petersburg)	59.04
400 F.Relay	BARTLETT	3:49.37	CHUGIAK	3:20.69

1987

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	WEST VALLEY	1:54.89	SERVICE	1:43.32
200 Free	Jill Abrams (Bartlett)	2:00.84	Glen Bagwell (Chugiak)	1:47.08
200 IM	Sarah Rabinowitz (W.V)	2:13.09	Todd Haltiner (Petersburg)	2:01.34
50 Free	Ann Penniston (Palmer)	25.03	(tie) Chris Joosee (WV)Garrett Marshall (J)	22.65
Diving	Kayla Johnston (Service)	390.65	Jon Molotte (Bartlett)	462.65
100 Fly	Beth Janis (Bartlett)	58.77	Eric Teela (Service)	53.01
100 Free	Ann Penniston (Palmer)	54.70	Jeff Stewart (Chugiak)	49.26
500 Free	Jenny Schlife (Service)	5:21.60	Glen Bagwell (Chugiak)	4:54.45
100 Back	Shawna Derby (Bartlett)	1:01.17	Brett Walter (West)	56.53
100 Breast	Heidi Reynolds (Juneau)	1:09.83	Todd Haltiner (Petersburg)	59.85
400 F.Relay	PALMER	3:53.06	SERVICE	3:22.37

1988

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	WEST VALLEY	1:58.54	SERVICE	1:41.73
200 Free	Katie Felton (Service)	1:58.51	Mike Head (Service)	1:47.02
200 IM	Heidi Reynolds (Juneau)	2:16.09	Brett Walter (West)	1:59.72
50 Free	Kris Haggland (W. Valley)	25.29	Scott Baer (East)	21.73
Diving	Kayla Johnston (Service)	343.85	Jason Kottra (East)	404.35
100 Fly	Molly Brown (West)	1:01.49	Scott Baer (East)	51.94
100 Free	Catherine Wick (East)	55.36	Jeff Steen (Dimond)	49.54
500 Free	Katie Felton (Service)	5:13.69	Mike head (Service)	4:52.51
100 Back	Koya Harry (Homer)	1:03.64	Brett Walter (West)	55.35
100 Breast	Heidi Reynolds (Juneau)	1:08.93	Scott Smith (Service)	1:01.61
400 F.Relay	SERVICE	3:48.04	DIMOND	3:20.29

1989

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	EAST	1:55.05	SERVICE	1:43.02
200 Free	Catherine Wick (East)	1:56.82	Ben Smith (Service)	1:45.26
200 IM	Larrel Paterna (East)	2:14.52	Brett Walter (West)	1:57.20
50 Free	Kris Haggland (W. Valley)	24.87	Shannon Wilkerson (Chug)	22.23
Diving	Mary Myerchin (Juneau)	371.55	Richard Brogan (Chugiak)	383.80
100 Fly	Molly Brown (West)	59.99	Aaron Dean (Palmer)	54.75
100 Free	Kris Haggland (W. Valley)	54.50	Shannon Wilkerson (Chug)	48.74
500 Free	Catherine Wick (East)	5:09.82	Ben Smith (Service)	4:45.40
100 Back	Twila Caldwell (East)	1:01.96	Brett Walter (West)	53.43
100 Breast	Liz Gibbs (East)	1:09.05	Jason Everard (Bartlett)	1:00.43
400 F.Relay	SERVICE	3:42.85	SERVICE	3:16.22

1990

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	EAST	1:52.72	KETCHIKAN	1:39.07
200 Free	Catherine Wick (East)	1:55.82	Ben Smith (Service)	1:42.84
200 IM	Larrel Paterna (East)	2:11.99	Randy Taylor (Ketchikan)	1:56.74
50 Free	Mendy Benson (Kenai)	24.85	Nick Riznyk (East)	21.51
Diving	Kristen York (Service)	351.25	Dwayne Hansen (Wasilla)	357.20
100 Fly	Molly Brown (West)	59.17	Randy Taylor (Ketchikan)	52.63
100 Free	Twila Caldwell (East)	53.76	Tom Tredway (Service)	47.99
500 Free	Larrel Paterna (East)	5:05.80	Ben Smith (Service)	4:37.85
200 F. Relay	WEST	1:41.81	CHUGIAK	1:29.08
100 Back	Twila Caldwell (East)	1:00.43	Tom Tredway (Service)	53.80
100 Breast	Liz Gibbs (East)	1:08.85	Shannon Wilkinson (Chug)	58.28
400 F.Relay	EAST	3:42.04	SERVICE	3:11.38

1991

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	EAST	1:52.61	JUNEAU	1:37.88
200 Free	Sara Fallico (East)	1:55.43	Tip Jenny (Bartlett)	1:44.62
200 IM	Sara Fallico (East)	2:09.50	Scott Peterson (Juneau)	1:55.23
50 Free	Mendy Benson (Kenai)	24.91	Ben Brainard (Palmer)	21.83
Diving	Amy Priest (Service)	331.95	Jim Ahlers (North Pole)	369.35
100 Fly	Ann Fallico (East)	59.34	Andy Simeroth (Chugiak)	52.98
100 Free	Carla Eldridge (Service)	54.45	Bill Hanson (Soldotna)	48.54
500 Free	Larrel Paterna (East)	5:15.07	Tip Jenny (Bartlett)	4:43.08
200 F. Relay	DIMOND	1:42.02	BARTLETT	1:29.27
100 Back	Twila Caldwell (East)	1:00.48	Scott Peterson (Juneau)	52.04
100 Breast	Jodi Smith (Service)	1:06.84	Adam Johnson (Juneau)	1:00.69
400 F.Relay	EAST	3:41.03	SERVICE	3:17.03

1992

Event	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	DIMOND	1:52.10	JUNEAU	1:39.54
200 Free	Jessica Smith (Dimond)	1:58.95	Tip Jenny (Bartlett)	1:43.99
200 IM	Jodi Smith (Service)	2:09.27	Troy Smith (Service)	1:55.78
50 Free	Katy Brown (West)	24.80	Bill Hanson (Soldotna)	21.48
Diving	Amy Priest (Service)	363.15	Damon Strickland (Service)	416.00
100 Fly	Ann Fallico (East)	58.26	Andy Simeroth (Chugiak)	53.28
100 Free	Katy Brown (West)	53.35	Bill Hanson (Soldotna)	47.24
500 Free	Laurel Paterna (East)	5:19.10	Tip Jenny (Bartlett)	4:43.79
200 F. Relay	DIMOND	1:41.66	SOLDOTNA	1:29.70
100 Back	Corrise Bittner (Homer)	59.28	Troy Smith (Service)	53.46
100 Breast	Jodi Smith (Service)	1:06.89	Martin Meenaghan (Ser)	1:00.1
400 F.Relay	DIMOND	3:40.66	SERVICE	3:18.11

1993

Event	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	DIMOND	1:54.06	LATHROP	1:37.71
200 Free	Kari Bland (Dimond)	1:59.63	Scott Jones (Juneau)	1:45.29
200 IM	Corise Bittner (Homer)	2:12.30	K. Hollingsworth (SoHi)	1:57.58
50 Free	Katy Brown (West)	24.77	Bill Hansen (SoHi)	21.30
Diving	Danielle Parcel (Dimond)	443.65	Damon Strickland (Service)	483.10
100 Fly	Ann Fallico (East)	1:00.16	R. Blume-Kohout (Lathrop)	52.85
100 Free	Katy Brown (West)	53.84	Bill Hansen (SoHi)	47.23
500 Free	Krista Belanger (Colony)	5:20.85	Scott Jones (Juneau)	4:46.93
200 F. Relay	WEST VALLEY	1:42.05	SOLDOTNA	1:29.21
100 Back	Corise Bittner (Homer)	59.69	K. Hollinsworth (Soldotna)	53.42
100 Breast	Adrienne Grenier (Dimond)	1:06.69	Martin Meenaghan (Lathrop)	57.37
400 F.Relay	DIMOND	3:40.91	SOLDOTNA	3:15.03

1994

Event	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	DIMOND	1:53.88	LATHROP	1:40.23
200 Free	Sarah Murphy (Service)	1:55.49	John Rogers (Lathrop)	1:45.48
200 IM	Jodi Smith (Service)	2:08.31	Nick Holiday (Dimond)	1:58.85
50 Free	Jesie Lewis (Juneau)	24.87	Martin Meenaghan (Lathrop)	21.53
Diving	Danielle Parcel (Dimond)	402.75	Matt McDaniel (Dimond)	433.65
100 Fly	Sarah Murphy (Service)	58.85	Nick Holiday (Dimond)	52.81
100 Free	Arika Smith (Colony)	54.39	Ronnie Davison (Sitka)	48.15
500 Free	Jenny Koval (West)	5:24.92	John Rogers (Lathrop)	4:46.47
200 F. Relay	DIMOND	1:40.92	DIMOND	1:29.30
100 Back	Dawn Vowell (Dimond)	1:01.23	Chris Geitz (Dimond)	51.91
100 Breast	Jodi Smith (Service)	1:06.51	Martin Meenaghan (Lathrop)	58.82
400 F.Relay	LATHROP	3:41.47	DIMOND	3:15.54

1995

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	LATHROP	1:49.53	JUNEAU	1:39.95
200 Free	Sarah Murphy (Service)	1:56.52	Chris Geitz (Dimond)	1:44.01
200 IM	Heather King (Lathrop)	2:08.53	John Rogers (Lathrop)	1:53.51
50 Free	Jessie Lewis (Juneau)	24.29	Andrew Tainter (Service)	22.10
Diving	Dominy Thompson (Service)	400.70	Creighton Lowe (Service)	437.20
100 Fly	Patty Nash (Lathrop)	57.95	Nick Holiday (Dimond)	52.38
100 Free	Jesie Lewis (Juneau)	52.95	Ole Shelton (Juneau)	48.77
500 Free	Jessica Case (Service)	5:09.22	John Rogers (Lathrop)	4:44.22
200 F. Relay	LATHROP	1:39.47	DIMOND	1:27.71
100 Back	Nikole Kimura (Dimond)	1:01.32	Chris Geitz (Dimond)	52.57
100 Breast	Heather King (Lathrop)	1:05.74	Gabe Layman (Palmer)	59.49
400 F.Relay	LATHROP	3:38.60	DIMOND	3:11.06

1996

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:52.31	DIMOND	1:39.60
200 Free	Katy Chandler (Service)	1:55.17	Quincy Schmidt (Dimond)	1:44.56
200 IM	Heather King (Lathrop)	2:08.53	Gabe Layman (Palmer)	1:55.73
50 Free	Sarah Murphy (Juneau)	24.06	Andrew Tainter (Service)	20.91
Diving	Anne Marie Vollstedt (East)	360.15	Creighton Lowe (Service)	460.30
100 Fly	Sarah Murphy (Service)	56.23	Ole Shelton (Juneau)	52.80
100 Free	Jesie Lewis (Juneau)	52.69	Andrew Tainter (Service)	46.56
500 Free	Katy Chandler (Service)	5:04.59	David Summerville (Service)	4:45.25
200 F. Relay	LATHROP	1:38.82	DIMOND	1:29.34
100 Back	Kim Lysogorski (Service)	1:00.56	Ole Shelton (Juneau)	53.96
100 Breast	Heather King (Lathrop)	1:06.23	Gabe Layman (Palmer)	58.15
400 F.Relay	SERVICE	3:36.84	SERVICE	3:17.00

1997

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:51.50	DIMOND	1:38.66
200 Free	Katy Chandler (Service)	1:53.74	Quincy Schmidt (Dimond)	1:43.30
200 IM	Heather King (Lathrop)	2:08.70	Eric Vik (Chugiak)	1:57.91
50 Free	Jesie Lewis (Juneau)	24.08	Derek Gibb (Petersburg)	21.47
Diving	Alaina Patterson (Chugiak)	408.25	James Blake (Skyview)	419.65
100 Fly	Sarah Murphy (Service)	56.07	Eric Vik (Chugiak)	53.41
100 Free	Emily McCoy (Dimond); JesieLewis (JD)	52.30	Quincy Schmidt (Dimond)	46.94
500 Free	Katy Chandler (Service)	5:03.04	Sean Seaver (Ketchikan)	4:50.39
200 F. Relay	LATHROP	1:38.88	DIMOND	1:27.85
100 Back	Sarah Murphy (Service)	59.91	Derek Gibb (Pburg); Wade Walter (JD)	54.78
100 Breast	Heather King (Lathrop)	1:05.97	Eddie Krekel (Chugiak)	1:00.90
400 F.Relay	SERVICE	3:35.13	DIMOND	3:17.16

1998

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	LATHROP	1:50.87	PETERSBURG	1:36.98
200 Free	Kayla Meiergerd (Chugiak)	1:50.83	Quincy Schmidt (Dimond)	1:43.08
200 IM	Micha Burden (Service)	2:09.25	Lucas Peterson (Soldotna)	1:57.85
50 Free	Maria Reeves (Lathrop)	23.34	Ty Westre (Petersburg)	21.87
Diving	Alaina Patterson (Chugiak)	463.45	David Willequer (Bartlett)	419.95
100 Fly	Amy Splitter (Dimond)	58.63	Lucas Peterson (Soldotna)	52.49
100 Free	Emily McCoy (Dimond)	51.95	Derek Gibb (Petersburg)	46.27
500 Free	Kayla Meiergerd (Chugiak)	4:56.55	Sean Seaver (Ketchikan)	4:42.26
200 F. Relay	LATHROP	1:36.50	DIMOND	1:26.56
100 Back	Stacy Pault (Kenai)	59.81	Derek Gibb (Petersburg)	52.73
100 Breast	Maria Reeves (Lathrop)	1:06.02	Quincy Schmidt (Dimond)	57.36
400 F.Relay	SERVICE	3:34.59	DIMOND	3:09.70

1999

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:52.37	DIMOND	1:38.19
200 Free	Kayla Meiergerd (Chugiak)	1:55.30	Tucker Logan (Chugiak)	1:45.60
200 IM	Rachelle Kula (Service)	2:10.93	Hunter McAllister (Lathrop)	1:56.27
50 Free	Emily McCoy (Dimond)	23.83	Derek Carlson (Petersburg)	22:08
Diving	Kaylan Woitel (Lathrop)	387.20	Steve Sorenson (Chugiak)	412.60
100 Fly	Rachelle Kula (Service)	58.68	Lucas Peterson (Soldotna)	51.80
100 Free	Emily McCoy (Dimond)	51.51	Joshua Gemmell (Soldotna)	47.40
500 Free	Kayla Meiergerd (Chugiak)	5:10.98	Hunter McCallister (Lathrop)	4:43.94
200 F. Relay	LATHROP	1:36.36	DIMOND	1:29.34
100 Back	Brette Winegarner (Service)	59.70	Tim Dolan (East Anchorage)	53.82
100 Breast	Maria Reeves (Lathrop)	1:06.60	Joshua Gemmell (Soldotna)	58.31
400 F.Relay	LATHROP	3:31.88	DIMOND	3:15.95

2000

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:51.02	DIMOND	1:39.66
200 Free	Julia Chang (Service)	1:56.93	Tucker Logan (Chugiak)	1:44.21
200 IM	Rachelle Kula (Service)	2:09.75	Hunter McCallister (Lathrop)	1:56.20
50 Free	Bryn Spores (Lathrop)	24.20	Dirk Craft (Palmer)	21.62
Diving	Richelle Knapp (Palmer)	391.75	Jake Miller (Lathrop)	413.35
100 Fly	Rachelle Kula (Service)	58.85	Lucas Petersen (Soldotna)	50.97
100 Free	Bryn Spores (Lathrop)	53.80	Joshua Gemmell (Soldotna)	46.73
500 Free	Christina Hickey (Bartlett)	5:15.81	Logan Tucker (Chugiak)	4:45.36
200 F. Relay	DIMOND	1:40.73	SOLDOTNA	1:28.32
100 Back	Brette Winegarner (Service)	58.86	Lucas Peterson (Soldotna)	53.89
100 Breast	Katie Fair (Valdez)	1:09.62	Joshua Gemmell (Soldotna)	56.40
400 F.Relay	SERVICE	3:37.73	SOLDOTNA	3:15.39

2001

Event	Girls Champion		Boys Champion	
200 M.Relay	SERVICE	1:50.36	DIMOND	1:40.43
200 Free	Felina Rosadiuk	1:56.04	Thomas Luke (Valdez)	1:45.32
200 IM	Rachelle Kula (Service)	2:11.07	Hunter McCallister (Lathrop)	1:57.75
50 Free	Julia Chang (Service)	24.26	Travis Williams (Lathrop)	22.47
Diving	Kasey Dethlefs (Chugiak)	414.35	Chad Frichtl (Chugiak)	481.20
100 Fly	Rachelle Kula (Service)	58.74	Thomas Luke (Valdez)	52.81
100 Free	Julia Chang (Service)	53.35	Ricky Jarvill (Sitka)	49.33
500 Free	Felina Rosadiuk (Lathrop)	5:15.29	Hunter McCallister (Lathrop)	4:48.56
200 F. Relay	SERVICE	1:39.82	DIMOND	1:30.77
100 Back	Julianne Fritcher (Service)	59.58	Travis Williams (Lathrop)	52.23
100 Breast	Katie Fair (Valdez)	1:08.64	Gilbert Raposa (Dimond)	58.36
400 F.Relay	SERVICE	3:36.19	SOLDOTNA	3:20.92

2002

Event	Girls Champion		Boys Champion	
200 M.Relay	SOLDOTNA	1:49.93	JUNEAU	1:41.24
200 Free	Felina Rosadiuk (Lathrop)	1:54.75	Leon Rosefigura (Bartlett)	1:45.05
200 IM	Sara Rockwell (West)	2:07.05	Paul Hughes (Juneau)	1:56.59
50 Free	Jenna Syverson (Soldotna)	24.34	Ty Mann-Schweigert(SoHi) Sam Wolfe(Lat)	21.97
Diving	Jessi Earp (Chugiak)	347.05	Chad Frichtl (Chugiak)	476.70
100 Fly	Abby Kiffmeyer (Soldotna)	58.45	Luke Thomas (North Pole)	53.05
100 Free	Sara Rockwell (West)	51.38	Leon Rosefigura(Bart)Nick Sorrell(SoHi)	48.55
500 Free	Felina Rosadiuk (Lathrop)	5:08.28	Jimmy Rutter (Valdez)	4:52.88
200 F. Relay	SOLDOTNA	1:38.99	SOLDOTNA	1:28.16
100 Back	Brette Winegarner (Service)	58.84	Kirk Fishel (Juneau)	55.80
100 Breast	Laura Smith (Dimond)	1:07.89	Paul Hughes (Juneau)	58.10
400 F.Relay	SERVICE	3:36.19	SOLDOTNA	3:14.89

2003

Event	Girls Champion		Boys Champion	
200 M.Relay	SERVICE	1:49.32	LATHROP	1:37.98
200 Free	Felina Rosadiuk (Lathrop)	1:53.25	Steve Burnham	1:46.01
200 IM	Sara Rockwell (Service)	2:10.30	Chris Meyer (East)	2:00.67
50 Free	Julianne Fritcher (Service)	24.29	Travis Williams (Lathrop)	21.16
Diving	Jessi Earp (Chugiak)	379.30	Chad Frichtl (Chugiak)	477.65
100 Fly	Abby Kiffmeyer (Soldotna)	56.75	Jared Jaime (Service)	52.25
100 Free	Sierra Winegarner	54.61	Steve Burnham (Service)	48.12
500 Free	Felina Rosadiuk (Lathrop)	5:10.17	Jimmy Rutter (Valdez)	4:55.66
200 F. Relay	SERVICE	1:37.59	LATHROP	1:27.42
100 Back	Abby Kiffmeyer (Soldotna)	58.40	Travis Williams (Lathrop)	53.45
100 Breast	Jacqueline VanDriessche (Sew)	1:08.38	Matt Way (Sitka)	1:01.51
400 F.Relay	LATHROP	3:38.29	SERVICE	3:16.70

2004

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:51.03	JUNEAU	1:43.77
200 Free	Sarah Rockwell (Service)	1:51.32	Greg Rose (Kodiak)	1:44.95
200 IM	Meghan Cavanaugh (East)	2:10.53	Caleb Severns (Lathrop)	1:56.33
50 Free	Jacquelin VanDriessche (Sew)	24.73	Jared Jaime (Service)	21.40
Diving	Chelsea Ray (Dimond)	358.60	David Arlington (PNA)	453.40
100 Fly	Meghan Cavanaugh (East)	56.60	Jared Jaime (Service)	51.24
100 Free	Felina Rosadiuk (Lathrop)	53.34	Q Smyth (Juneau)	47.96
500 Free	Kristin Jones (Juneau)	5:12.27	Kyle O'Brien (Juneau)	4:50.32
200 F. Relay	SERVICE	1:38.82	KODIAK	1:30.54
100 Back	Abbey Jackson (Petersburg)	1:00.74	Caleb Severns (Lathrop)	53.27
100 Breast	Kaelan Dickenson (East)	1:06.4	Matt Way (Sitka)	1:00.32
400 F.Relay	JUNEAU-DOUGLAS	3:40.42	JUNEAU	3:17.87

2005

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SOUTH ANCHORAGE	1:51.40	SITKA	1:41.26
200 Free	Meghan Cavanaugh (East)	1:52.17	Kyle O'Brien (Juneau)	1:42.83
200 IM	Kristin Jones (Juneau)	2:13.61	Caleb Severns (Lathrop)	1:56.61
50 Free	Genny Konicke (Service)	23.94	Landon Mishler (Kenai)	22.13
Diving	Chelsea Ray (Dimond)	413.25	David Arlington (PNA)	511.10
100 Fly	Meghan Cavanaugh (East)	56.49	Scott Woster (North Pole)	52.92
100 Free	Laura Miller (Ketchikan)	51.40	Kyle O'Brien (Juneau)	47.72
500 Free	Laura Smith (Dimond)	5:19.35	Ryan Bateman (Kodiak)	4:52.27
200 F. Relay	SERVICE	1:39.05	EAST ANCHORAGE	1:30.51
100 Back	Jennifer Rinker (Service)	59.29	Caleb Severns (Lathrop)	52.66
100 Breast	Elizabeth Jagusch (Ketchikan)	1:06.40	Bret Bye (South Anchorage)	1:01.15
400 F.Relay	SERVICE	3:34.69	SITKA	3:21.36

2006

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	1:48.93	SITKA	1:38.93
200 Free	Melissa Bogert (Juneau)	1:55.54	Kyle O'Brien (Juneau)	1:41.17
200 IM	Yana Garvey (Dimond)	2:11.38	Caleb Severns (Lathrop)	1:55.38
50 Free	Laura Miller (Ketchikan)	23.82	Aaron Heaslet (East)	22.35
Diving	Megan Morton (Dimond)	438.40	Ryan Borup (Ketchikan)	476.65
100 Fly	Meghan Cavanaugh (East)	56.28	David Henry (Chugiak)	53.98
100 Free	Laura Miller (Ketchikan)	51.17	Kyle O'Brien (Juneau)	47.13
500 Free	Meghan Cavanaugh (East)	5:04.40	Wyatt Adams (Service)	4:53.34
200 F. Relay	JUNEAU	1:37.90	SITKA	1:27.87
100 Back	Jennifer Rinker (Service)	58.02	Caleb Severns (Lathrop)	52.38
100 Breast	Elizabeth Jagusch (Ketchikan)	1:05.61	Ben Campen (Sitka)	1:00.07
400 F.Relay	JUNEAU	3:35.92	SITKA	3:18.18

2007

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	JUNEAU	1:47.86	EAST ANCHORAGE	1:40.27
200 Free	Meghan Cavanaugh (East)	1:50.02	Austin Hussong (Dimond)	1:46.63
200 IM	Kristin Jones (Juneau)	2:11.78	Josh Yoo (South)	1:59.82
50 Free	Sara Bogert (Juneau)	24.08	Ben Adams (Sitka)	21.57
Diving	Christina Kirkwood (South)	438.85	Ryan Borup (Ketchikan)	485.45
100 Fly	Meghan Cavanaugh (East)	55.59	Wyatt Adams (Service)	51.58
100 Free	Sara Bogert (Juneau)	52.85	Wyatt Adams (Service)	47.00
500 Free	Kristin Jones (Juneau)	5:09.93	Matthew Summers (Dimond)	4:46.16
200 F. Relay	SERVICE	1:40.49	EAST ANCHORAGE	1:30.62
100 Back	Yana Garvey (Dimond)	56.73	Cody Brunette (Juneau)	54.22
100 Breast	Laura Griffing (Kodiak)	1:07.32	Lars Matkin (East)	1:00.69
400 F.Relay	JUNEAU	3:35.62	EAST ANCHORAGE	3:16.30

2008

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	SERVICE	1:50.03	DIMOND	1:38.97
200 Free	Anne Goering (West Valley)	1:55.27	Cody Brunette (Juneau)	1:40.58
200 IM	Samantha Wicks (East)	2:09.98	Matt Summers (Dimond)	1:56.66
50 Free	Erin McDuffie (Service)	24.44	Nick Rutecki (Juneau)	21.18
Diving	Renee Jordan (East)	374.80	Scott Wandersee (Kodiak)	455.10
100 Fly	Margot Adams (Service)	57.98	Cody Brunette (Juneau)	49.19
100 Free	Erin McDuffie (Service)	52.99	Nick Rutecki (Juneau)	46.71
500 Free	Jordyn Caldwell	5:09.87	Matthew Summers (Dimond)	4:42.51
200 F. Relay	EAST ANCHORAGE	1:39.65	JUNEAU	1:26.83
100 Back	Margot Adams (Service)	58.68	Austin Hussong (Dimond)	54.33
100 Breast	Laura Griffing (Kodiak)	1:06.08	Keegan Severns (Lathrop)	59.17
400 F.Relay	SERVICE	3:40.19	DIMOND	3:15.63

2009

<u>Event</u>	<u>Girls Champion</u>		<u>Boys Champion</u>	
200 M.Relay	DIMOND	1:50.54	JUNEAU	1:36.33
200 Free	Anne Goering (West Valley)	1:55.44	Matt Summers (Dimond)	1:42.40
200 IM	Nikki Wray (Dimond)	2:08.06	Cody Brunette (Juneau)	1:54.79
50 Free	Sam Wicks (East)	24.05	Jeff Frey (Wasilla)	21.42
Diving	Renee Jordan (East)	363.40	Dalton Haas (Service)	444.55
100 Fly	Margot Adams (Service)	57.53	Cody Brunette (Juneau)	50.42
100 Free	Anne Goering (West Valley)	52.47	Jeff Frey (Wasilla)	46.63
500 Free	Nikki Wray (Dimond)	5:14.26	Matthew Summers (Dimond)	4:38.99
200 F. Relay	SERVICE	1:39.72	JUNEAU	1:27.93
100 Back	Sam Wicks (East)	57.35	Drew Vandermeer (W. Valley)	54.09
100 Breast	Laura Griffing (Kodiak)	1:06.57	Keegan Severns (Lathrop)	58.33
400 F.Relay	SERVICE	3:39.99	DIMOND	3:15.61

