

## TOP TEN ALASKA STATE SWIMMING PERFORMANCES

(performed at State ASAA Championships Prelims and Finals)

### GIRLS 200 MEDLEY RELAY

<b>2007</b>	<b>Juneau-Douglas</b>	<b>1:47.86 (Rutecki, Heifetz, Bogert M., Bogert S.)</b>
2006	Juneau-Douglas	1:48.93 (Dicstanzo, Heifetz, Bogert M, Bogert S.)
2003	Service	1:49.32 (Fritcher, Uldrich, Piakak, Rockwell)
1995	Lathrop	1:49.53 (N. Paskvan, King, Nash, Sampson)
2002	Soldotna	1:49.93 (Query, Peterson, Kiffmeyer, Syverson)
2008	Service	1:50.03 (McDuffie,L, Kirk, Adams, McDuffie, E)
2004	Service	1:50.29 (Rinker, Rockwell, Adams, Konicke)
2001	Service	1:50.36 (Winegarner, Fries, Kula, Chang)
2009	Dimond	1:50.54 (Hawkins, Wray, Summers, Bissell)
1998	Lathrop	1:50.87

### BOYS 200 MEDLEY RELAY

<b>2009</b>	<b>Juneau</b>	<b>1:36.33 (Brunette, Cayce, Mickelson, Rutecki)</b>
1998	Petersburg	1:36.98 (Gibbs, McKay, Carlson, Westre)
1993	Lathrop	1:37.71 (Rogers, Meenaghan, Blum-Kohout, Taylor)
1991	Juneau	1:37.88 (Peterson, Johnson, Shelton, Skillings)
2003	Lathrop	1:37.98 (Fernandez, Humphrey, Severns, Williams)
1999	Dimond	1:38.19
1999	Soldotna	1:38.62
1997	Dimond	1:38.66 (Bauer, Schmidt, Calhoun, Geitz)
2006	Sitka	1:38.93 (McGowan, Campen, Dailey, Adams)
2008	Dimond	1:38.97 (Hussong, Kowalewski, Wilcox, Summers)

### GIRLS 200 FREESTYLE

<b>2007</b>	<b>Meghan Cavanaugh</b>	<b>East</b>	<b>1:50.02</b>
1998	Kayla Meiergerd	Chugiak	1:50.83
2004	Sarah Rockwell	Service	1:51.32
2005	Meghan Cavanaugh	East	1:52.17
2005	Laura Miller	Ketchikan	1:52.20
1998	Katy Chandler	Service	1:53.12
2003	Felina Rosadiuk	Lathrop	1:53.25
2005	Meghan Cavanaugh	East	1:53.64
1997	Katy Chandler	Service	1:53.74
2005	Laura Miller	Ketchikan	1:53.87

## BOYS 200 FREESTYLE

<b>2008</b>	<b>Cody Brunette</b>	<b>Juneau-Douglas</b>	<b>1:40.58</b>
2006	Kyle O'Brien	Juneau-Douglas	1:41.17
2009	Matt Summers	Dimond	1:42.40
1985	Andrew Billings	West Valley	1:42.69
2005	Kyle O'Brien	Juneau	1:42.83
1990	Ben Smith	Service	1:42.84
1998	Quincy Schmidt	Dimond	1:43.08
1997	Quincy Schmidt	Dimond	1:43.30
1990	Mike Head	Service	1:43.61
1992	Tip Jenny	Bartlett	1:43.99

## GIRLS 200 INDIVIDUAL MEDLEY

<b>2002</b>	<b>Sarah Rockwell</b>	<b>West Anchorage</b>	<b>2:07.05</b>
1991	Sara Fallico	East Anchorage	2:07.70
1997	Heather King	Lathrop	2:08.00
2009	Nikki Wray	Dimond	2:08.06
1994	Jodi Smith	Service	2:08.31
1995	Heather King	Lathrop	2:08.53
1996	Heather King	Lathrop	2:08.53
2003	Sarah Rockwell	Service	2:09.12
1998	Micha Burden	Service	2:09.25
1992	Jodi Smith	Service	2:09.27

## BOYS 200 INDIVIDUAL MEDLEY

<b>1995</b>	<b>John Rogers</b>	<b>Lathrop</b>	<b>1:53.51</b>
2009	Cody Brunette	Juneau	1:54.79
1991	Scott Peterson	Juneau	1:55.23
2006	Caleb Severns	Lathrop	1:55.38
1996	Gabe Layman	Palmer	1:55.73
1991	Mike Schwankl	Bartlett	1:55.74
1992	Troy Smith	Service	1:55.78
2000	Hunter McAllister	Lathrop	1:56.20
1991	Troy Smith	Service	1:56.22
1999	H. McAllister	Lathrop	1:56.27

## GIRLS 50 FREESTYLE

<b>1998</b>	<b>Maria Reeves</b>	<b>Lathrop</b>	<b>23.34</b>
2006	Laura Miller	Ketchikan	23.82
1999	Emily McCoy	Dimond	23.83
1998	Emily McCoy	Dimond	23.88
1999	Maria Reeves	Lathrop	23.90
2005	Genny Konicke	Service	23.94
2009	Sam Wicks	East	24.05
1996	Sarah Murphy	Service	24.06
1997	Jesie Lewis	Juneau	24.08
2007	Sara Bogert	Juneau	24.08

## BOYS 50 FREESTYLE

<b>1996</b>	<b>Andrew Tainter</b>	<b>Service</b>	<b>20.91</b>
1983	Alan Chaney	West Valley	20.99
2003	Travis Williams	Lathrop	21.16
2008	Nick Rutecki	Juneau	21.18
2008	Nick Rutecki	Juneau	21.22
1993	Bill Hansen	Soldotna	21.30
2009	Jeff Frey	Wasilla	21.30
1990	Nick Riznyk	East Anchorage	21.33
1993	Martin Meenahgan	Lathrop	21.33
2004	Jared Jaime	Service	21.40

## GIRLS 100 BUTTERFLY

<b>2007</b>	<b>Meghan Cavanaugh</b>	<b>East</b>	<b>55.59</b>
2007	Meghan Cavanaugh	East	55.82
1997	Sarah Murphy	Service	56.07
2007	Melissa Bogert	Juneau	56.15
1996	Sarah Murphy	Service	56.23
2006	Meghan Cavanaugh	East	56.28
2006	Melissa Bogert	Juneau	56.38
2005	Meghan Cavanaugh	East	56.49
2004	Meghan Cavanaugh	East	56.60
2003	Abby Kiffmeyer	Soldotna	56.75

## BOYS 100 BUTTERFLY

<b>2008</b>	<b>Cody Brunette</b>	<b>Juneau</b>	<b>49.19</b>
2009	Cody Brunette	Juneau	50.42
2000	Lucas Petersen	Soldotna	50.97
2004	Jared Jaime	Service	51.24
2007	Wyatt Adams	Service	51.58
2004	Greg Rose	Kodiak	51.62
2007	Cody Brunette	Juneau	51.70
1995	Robert Roosa	Dimond	51.73
1999	Lucas Petersen	Soldotna	51.80
1988	Scott Baer	East Anchorage	51.94

## GIRLS 100 FREESTYLE

<b>2006</b>	<b>Laura Miller</b>	<b>Ketchikan</b>	<b>51.17 (first leg of 400 Free Relay)</b>
2002	Sara Rockwell	West	51.38
2005	Laura Miller	Ketchikan	51.40
2006	Laura Miller	Ketchikan	51.48
1999	Emily McCoy	Dimond	51.51
1998	Emily McCoy	Dimond	51.95
2006	Sara Bogert	Juneau	52.01
2006	Laura Miller	Ketchikan	52.05
1997	Emily McCoy	Dimond	52.30
1999	Bryn Spores	Lathrop	52.44

## BOYS 100 FREESTYLE

<b>1998</b>	<b>Derek Gibb</b>	<b>Petersburg</b>	<b>46.27</b>
1996	Andrew Tainter	Service	46.56
2009	Jeff Frey	Wasilla	46.63
1984	Alan Chaney	West Valley	46.65
2008	Nick Rutecki	Juneau	46.71
2000	Joshua Gemmell	Soldotna	46.73
1998	Quincy Schmidt	Dimond	46.84
1997	Quincy Schmidt	Dimond	46.94
2007	Wyatt Adams	Service	47.00
1985	Andrew Billings	West Valley	47.06

## GIRLS 500 FREESTYLE

<b>1998</b>	<b>Kayla Meiergerd</b>	<b>Chugiak</b>	<b>4:56.55</b>
1998	Katy Chandler	Service	4:59.06
1997	Katy Chandler	Service	5:03.04
2006	Meghan Cavanaugh	East Anchorage	5:04.40
1996	Katy Chandler	Service	5:04.59
2006	Kristin Jones	Juenau	5:05.50
1990	Larrel Paterna	East Anchorage	5:05.80
2002	Felina Rosadiuk	Lathrop	5:08.28
1995	Jessica Case	Service	5:09.22
1998	Micha Burden	Service	5:09.65

## BOYS 500 FREESTYLE

<b>1990</b>	<b>Ben Smith</b>	<b>Service</b>	<b>4:37.85</b>
2009	Matt Summers	Dimond	4:38.99
1992	Tip Jenny	Bartlett	4:41.96
1998	Sean Seaver	Ketchikan	4:42.26
1998	Hunter McCallister	Lathrop	4:42.34
2008	Matt Summers	Dimond	4:42.51
1985	Andrew Billings	West Valley	4:42.86
1991	Tip Jenny	Bartlett	4:43.06
1998	Brendan McLaughlin	North Pole	4:43.80
1999	H. MaCalister	Lathrop	4:43.94

## GIRLS 200 FREESTYLE RELAY

<b>1999</b>	<b>Lathrop</b>	<b>1:36.36</b>
1998	Lathrop	1:36.50
2003	Service	1:37.59 (Uldrich, Fritcher, Winegarner, Rockwell)
2006	Juneau	1:37.90 (Bogert, S, Rutecki, Jones, A, Dicostanzo)
1999	Dimond	1:38.29
1996	Lathrop	1:38.82 (Reeves, N. Paskvan, King, Lessner)
2004	Service	1:38.82 (Konicke, Rinker, Winegarner, Rockwell)
1997	Lathrop	1:38.88 (Reeves, King, C. Paskvan, N. Paskvan)
2002	Soldotna	1:38.99 (Kiffmeyer, Green, Chavka, Syverson)
2005	Service	1:39.05 (Rinker, McDuffie, Adams, Konicke)

## BOYS 200 FREESTYLE RELAY

<b>1998</b>	<b>Dimond</b>	<b>1:26.56</b>	
2008	Juneau	1:26.83	(Burnett, Anderson, Casey, Rutecki)
2003	Lathrop	1:27.42	(Williams, Humphrey, Becker, Wolfe)
1995	Dimond	1:27.71	(Holliday, Bauer, McBride, Roosa)
1997	Dimond	1:27.85	(Schmidt, Long, Hoback, Geitz)
2006	Sitka	1:27.87	(Adams, Dailey, McGowan, Campen)
2009	Juneau	1:27.93	(Mickelson, Cayce, Anderson, Rutecki)
2002	Soldotna	1:28.16	(Mann-Schweigert, Harrison, Grasso, Sorrell)
2000	Soldotna	1:28.32	(Petersen, Sorrell, Mann-Schweigert, Gemmell)
1997	Petersburg	1:28.56	

## GIRLS 100 BACKSTROKE

<b>2007</b>	<b>Yana Garvey</b>	<b>Dimond</b>	<b>56.73</b>
2009	Sam Wicks	East	57.35
2007	Yana Garvey	Dimond	57.37
2006	Jennifer Rinker	Service	58.02
2003	Abby Kiffmeyer	Soldotna	58.40
2009	Michelle Hawkins	Dimond	58.65
2006	Yana Garvey	Dimond	58.70
2003	Julianne Fritcher	Service	58.72
2002	Brette Winegarner	Service	58.84
2000	Brette Winegarner	Service	58.86

## BOYS 100 BACKSTROKE

<b>1994</b>	<b>Chris Geitz</b>	<b>Dimond</b>	<b>51.91</b>
1991	Scott Peterson	Juneau	52.04
2006	Caleb Severns	Lathrop	52.38
1995	Chris Geitz	Dimond	52.57
2005	Caleb Severns	Lathrop	52.66
1998	Derek Gibb	Petersburg	52.73
1995	Chris Bauer	Dimond	52.96
1991	Troy Smith	Service	53.09
1994	Kevin Hollingsworth	Soldotna	53.19
1995	John Rogers	Lathrop	53.21

## GIRLS 100 BREASTSTROKE

2006	Elizabeth Jagusch	Ketchikan	1:05.61
1995	Heather King	Lathrop	1:05.74
1997	Heather King	Lathrop	1:05.97
1998	Maria Reeves	Lathrop	1:06.02
2008	Laura Griffing	Kodiak	1:06.08
1996	Heather King	Lathrop	1:06.23
2005	Elizabeth Jagusch	Ketchikan	1:06.40
2004	Kaelan Dickenson	East	1:06.42
2006	Elizabeth Jagusch	Ketchikan	1:06.57
2009	Laura Griffing	Kodiak	1:06.57

## BOYS 100 BREASTSTROKE

2000	Joshua Gemmell	Soldotna	56.40
1998	Quincy Schmidt	Dimond	57.36
1993	Martin Meenahgan	Lathrop	57.37
2002	Paul Hughes	Juneau	58.10
1991	Mike Schwankl	Bartlett	58.13
1996	Gabe Layman	Palmer	58.15
1990	Shannon Wilkinson	Chugiak	58.28
1999	Joshua Gemmell	Soldotna	58.31
2009	Keegan Severns	Lathrop	58.33
2001	Gilbert Raposa	Dimond	58.36

## GIRLS 400 FREESTYLE RELAY

1999	Lathrop	3:31.88	
1998	Service	3:34.59	
2005	Service	3:34.69	(Konicke, McDuffie, Adams, Rinker)
1997	Service	3:35.13	(Chandler, Hall, Buden, Murphey)
2007	Juneau	3:35.62	(Bogert, S, Jones, Kelly, Bogert, M.)
1999	Dimond	3:35.73	
1998	Dimond	3:35.74	
2006	Juneau	3:35.92	(Jones, K, Jones, A, Kelly, Bogert, M)
2001	Service	3:36.19	(Fritcher, Kula, Chang, Lipka)
2002	Service	3:36.19	

## BOYS 400 FREESTYLE RELAY

<b>1998</b>	<b>Dimond</b>	<b>3:09.70</b>	
1995	Dimond	3:11.06	(Holliday, Bauer, Geitz, Roosa)
1990	Service	3:11.38	(Smith, Treadway, Perrigo, Head)
2002	Soldotna	3:14.89	(Mann-Schweigert, Marey, Grasso, Sorrell)
1993	Soldotna	3:15.03	(Hollingsworth, Richards, Best, Hansen)
1993	Lathrop	3:15.22	(Blume-Kohout, Meenaghan, Taylor, Rogers)
1993	Dimond	3:15.36	(Holiday, Rosa, Geitz, Joseph)
2000	Soldotna	3:15.39	
1990	Ketchikan	3:15.47	
2009	Dimond	3:15.61	(Summers, Chan, Ursin, Wilcox)

## TOP TEN ALASKA STATE DIVING PERFORMANCES

### GIRLS 1 METER DIVING

<b>1998</b>	<b>Alaina Patterson</b>	<b>Chugiak</b>	<b>463.45 points</b>
1993	Danielle Parcel	Dimond	443.65 points
2007	Christina Kirkwood	South	438.85 points
2006	Megan Morton	Dimond	438.40 points
1993	Amy Priest	Service	428.53 points
1988	Kayla Johnston		427.45 points
1980	Challie Owen	Dimond	419.70 points
2001	Kasey Dethlefs	Chugiak	414.35 points
2005	Chelsea Ray	Dimond	413.25 points
2005	Megan Morton	Dimond	411.65 points

### BOYS 1 METER DIVING

<b>1982</b>	<b>Allen Spencer</b>	<b>Chugiak</b>	<b>517.25 points</b>
2005	David Arlington	Pacific Northern	511.10 points
2007	Ryan Borup	Ketchikan	485.45 points
1993	Damon Strickland	Service	483.10 points
2001	Chad Frichtl	Chugiak	481.20 points
2003	Chad Frichtl	Chugiak	477.65 points
2002	Chad Frichtl	Chugiak	476.70 points
2006	Ryan Borup	Ketchikan	476.65 points
1996	Creighton Lowe	Service	460.30 points
1987	Jon Molotte	Bartlett	462.65 points
2000	Jake Miller	Lathrop	456.60 points