



2025 ASAA/FIRST NATIONAL BANK ALASKA WRESTLING STATE CHAMPIONSHIPS

December 19-20, 2025 at Alaska Airlines Center

POLICIES AND PROCEDURES

Schedule of Events:

Thursday, Dec. 18

6:00 pm Mandatory Coaches Meeting in
Alaska Airlines Auxiliary Gym

Friday, Dec. 19

7:00 am AAC Doors open to teams/wrestlers
8:00 am Weigh-ins main floor
9:00 am Wrestling Begins

Saturday, Dec. 20

7:00 am AAC Door open to teams/wrestlers
8:00 am Weigh-ins main floor
9:00 am Wrestling Begins
4:00 pm State Championship Finals Matches

Rules: The 2025-2026 NFHS Wrestling rules, NFHS Wrestling Considerations, and ASAA bylaws will be utilized.

Roster: ASAA is using Bigteams (planeths) for its School Activities Reporting System (SARS). Schools will need to submit rosters and indicate which students have qualified for state through this system. This can be done by accessing the wrestling varsity roster. Indicate the students that will be attending state by checking the box under the State column. The final roster is due by Sunday, December 14 at 2:00PM.

Forms: Forms will also be accessed through Bigteams. When you are logged into your account click on Document Management, click on the general state entry form and then start a New Submission. Also, complete the photo upload, the Code of Conduct and the Good Sport Selection forms. Complete all 4 forms by 2:00PM on Sunday, December 14.

Mandatory Coaches Meeting: There is a mandatory coaches meeting Thursday, December 18, 6:00PM at The Alaska Airlines Center Aux Gym.

Thursday Practice Times: Practice times will be 2:00PM - 6:00PM at the Alaska Airlines Center. The track on the 3rd level will be open at 2:00PM. Wrestlers can run/jog on the track.

Medical: Orthopedic Physicians of Anchorage (OPA) is the official ASAA State Championships Medical provider.

IMPORTANT DATES

SATURDAY, Dec. 13 - 10:00 PM

- By 11:59 pm please ensure you have taken care of all the wrestlers records in USA Bracketing
- By 11:59pm please submit name, criteria and reason a wrestler should be considered for At-Large Bid. Please email kathleen@asaa.org

SUNDAY, DEC. 14 - 2:00 PM

Wrestling Forms due

- Roster finalized
- State Entry Form
- Code of Conduct Form
- Good Sport Selection Form

MONDAY, DEC. 15 9:00 AM

- ASAA will post Qualified wrestlers list and seeding results as determined by USA Bracketing using ASAA seeding criteria/ 2025 committee.

TUESDAY, DEC. 16 - 5:00 PM

- Academic Award Entry Form
- Notify kathleen@asaa.org if a qualified wrestler drops for health reasons so an alternate can be contacted.

THURSDAY, DEC. 18 - 8:00 AM

- Coaches deadline to notify ASAA of issues with seeding results. Please email kathleen@asaa.org.

THURSDAY, DEC. 18 - 6:00 PM

- Mandatory Coaches Meeting at Alaska Airlines Center Auxiliary Gym.

At-Large Wrestlers: ASAA would like to invite the next best wrestlers to receive an At-Large Bid. Coaches can help by sending in criteria on their wrestlers that they feel are deserving of an at-large bid. Please do not send in forms for every wrestler that did not qualify, just those you feel are deserving of an at-large bid. Coaches are asked to provide information as to the rationale for a wrestler to be awarded an at-large berth. This should be based on criteria, not subjective opinion. As the group is awarding an at-large berths, they rely on USA Bracketing to rank the wrestlers. Because the rankings are often determined by the Seeding Criteria it is very possible for a wrestler to be ranked lower due to his/her strength of schedule.

Therefore we ask the coaches to provide information such as “my wrestler ended the season with a 14-6 record, however of his 6 losses 4 were to the CIC Champion.” Please only submit the following info for those wrestlers that are truly deserving of the at-large bid. Please review the PDF form online - Wrestler’s name, weight, classification, school, Overall Record Varsity, Overall record (all matches), Wins over Seeded or Qualified wrestlers, and other information to justify an at-large Berth.

Please submit your wrestler to kathleen@asaa.org along with the criteria that qualifies them to gain an at-large bid by Saturday, December 14 at 11:59 PM. Please send all your input in a single email, rather than one email for each recommendation.

Passes: Each participating school will be issued passes for state championships, based on the following guidelines.

- **Coaches:** To qualify for a Coach’s pass the coach must be certified and listed on the State Entry Form. At all times, coaches must wear or have on their person, their pass while on the floor in coaches corral and in the corner of the mat. If not, the school will be fined \$25 by ASAA championship staff.
- **Participants:** Wrestlers and managers should be included on the roster. All participants and managers will be marked with an ultraviolet marker after weigh-ins to be used at the entrance to the facility and to gain floor access.
- **Administration:** Passes will be provided for each qualifying school’s administrator. The supervising administrator should check in at the event entrance upon arrival to receive a pass and are responsible for the conduct of its coaches, participants and fans throughout the contest, as defined in the ASAA bylaws Article 6, Section 4.
- **Chaperones:** Schools can request chaperone passes at the coaches meeting. Chaperones will receive a “golden ticket” to allow them free access into the Alaska Airlines Center. This does not allow them access to the floor.
- **Adult Medical Passes:** Schools medical team members must check in with ASAA staff or ASAA Medical Staff (OPA) at the state championship site prior to competition to receive a medical pass.
- **ELIMINATED WRESTLERS ON SATURDAY** - Will be stamped with the “stamp of the day” so they have free access into the Alaska Airlines Center, but no access to the main floor.

Main Gym Competition Floor Access: This is a point of emphasis again this season and we will be monitoring the floor and mat access during the event. During the Finals, only up and on deck wrestlers will be allowed on the floor. Other finalists will be allowed access to the auxiliary gym for warm up and then moved to floor when they are on deck. Only 3 people (combination of coaches, managers, film) will be allowed mat side during a match, we will be monitoring this closely. Security will be located at the bottom of each of those stairs. If you have trouble finding stairs please ask one of the ASAA or Arena staff members.

Broadcast Media: The NFHS Network will be webcasting ALL wrestling matches live on NFHSnetwork.com.

Team Video Recording: A School/Team can video their performance as long as it is not live streamed. Student team managers or assistant coaches can record their performance.

Photography: Special and limited arrangements can be made for the school yearbook staff or an adult that is approved by the school administration. A team may request one (1) pass to gain access to this event for team photography. The request must be emailed to media@asaaemail.org by TUESDAY 2:00 PM the week of the state event. Once we receive the request ASAA will communicate with the school to provide more information including areas to take photos. ASAA Credential Media, ASAA Photographer, and ASAA approved TV/Webcast production crews are the only people allowed to photograph and video outside the spectator area unless approved by ASAA.

Wrestlers Dietary Needs: NANA/NMS Management is allowing wrestlers to bring in a one-gallon zip lock bag with nutritional supplements like bagels, bananas, etc. Items like bags of chips, or sandwiches, pizza, etc. will not be allowed in at anytime. This “bag” will be allowed to enter the venue the following time:

- 7:00am - 8:00am only when carried by an athlete. After 8:00 am all outside food will NOT be allowed in.
- Food Prep/Sandwich/Team Tables for food distribution are not allowed.

Mat Layout: Mats on the floor will be marked 1-8. Please watch Track Wrestling carefully for mat assignments and listen for announcements. The championships will be wrestled on 3 mats.

Locker Rooms: Three (3) locker rooms will be available for teams during the event, one for each classification - DI, DII, and Girls. Please look for the classification sign on the locker room door. These will not be secured rooms, so please don't leave any personal items in the locker room. Security will be going through the locker rooms every hour checking for damage. Schools will be invoiced for any damage that is done by coaches or participants.

Hospitality: There is hospitality available for staff workers only.

Team Parking: ASAA provides FREE parking at the Alaska Airlines Center. There is a place for the teams to park please review the **ASAA Alaska Airlines Center Parking Map**. There is a limited amount of spots available in the MAIN LOT for team vans and officials. DON'T PARK IN THE RESERVED LOT! YOU'LL BE FINED BY UAA \$250.