

SOCCER

ALL CLASSIFICATIONS

Participation on girls' teams shall be limited to females who were assigned female at birth.

A. SEASON

2025-2026 SEASON

Coed Soccer (Region 2 Schools and others upon approval)

July 30, 2025 - First Practice

August 15, 2025 - First Contest

*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

October 24, 2025 - Last Contest (Regular Season or Conference Championship)

Soccer

March 4, 2026 - First Practice

March 20, 2026 - First Contest

*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

May 23, 2026 - Last Contest (Regular Season or Conference Championship)

B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

C. INDIVIDUAL NON-SCHOOL PARTICIPATION

ASAA has no limitations on students participating on non-school soccer teams while they are members of a school soccer team.

D. RULES

1. National Federation of High School (NFHS) Soccer rules apply.
2. ASAA adopted rules; Regular season games do not have overtimes. NFHS Tie Breaker Procedure apply for regional and state championship play.
3. Coed Supplemental Rules:
 - a. A team can have no more than seven players of either gender on the field at any time. Positions required to be filled by females are limited to females who were assigned female at birth.
 - b. If a team has fewer than four players of one gender they can play down up to two players before forfeiting.
 - c. There will be no slide tackling. Such play is to be determined "dangerous" by the referee and play should be restarted with an indirect kick.

E. CONFERENCES

All teams are assigned to conferences (See Soccer Conferences). Conferences are responsible for setting their own bylaws and policies. A contact person must be selected to communicate conference information with ASAA. (i.e. State qualifiers, tournament results, final seeds)

F. MAXIMUM GAMES

A team may play 22 regular season games exclusive of conference or state championships. Additional games may be played under the Endowment Game guidelines.

G. ENDOWMENT GAMES

ASAA encourages each school's team sports to play Endowment Games during the season above and beyond the 22 game/match limit. Additional Endowment Games may be played each season. (Bylaw, Article 7, Section 9) School teams may play Endowment Games at any time during the regular season, beginning with the date of the first contest and extending to the start of the conference tournament. Endowment Games do count in a team's overall season record for at large and seeding purposes.

Schools wishing to host Endowment Games must apply in writing to ASAA by submitting the "Endowment Game Application Form" no later than one week prior to the game. Under no circumstances may an Endowment Game be played until this form has been signed by ASAA and returned to the participating schools. ASAA will invoice the responsible school \$100 for each game.

H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. It shall include three (3) or more teams. A team is limited to no more than four (4) 30-minute halves with no more than one (1) half against any other team. A team may only play in one jamboree each season. A jamboree does not count as a game against the 22 game limit.

I. INDIVIDUAL PARTICIPATION LIMITATION

Students may participate in four halves per day.

J. REPORTING SCHEDULES & RESULTS

1. A school coach, administrator or official team representative must create an account at the MaxPreps.com website and submit their varsity level team schedules. This must be done by the first day of practice.
2. All scores must be entered into the MaxPreps.com website from the previous week by the following Tuesday 7:00 PM during the regular season.
3. All scores from the conference tournament must be entered into the MaxPreps.com website by Sunday, 8:00 AM.
4. Schools failing to meet these mandates will be given a warning for the first offense, fined \$200 for the second offense.

K. STATE CHAMPIONSHIPS

1. DATE

- Coed Soccer - No state tournament
- Soccer - May 28-30, 2026

2. SITE & HOST

Colony, Palmer & Wasilla High Schools, Mat Su Valley
Hosted by ASAA, Colony HS, Palmer HS, Wasilla HS & MSBSD

3. STATE CHAMPIONSHIP FORMAT

a. Type of Elimination

All championship tournaments are an eight team single elimination, consolation bracket.

b. Championship Schedule

A detailed schedule and bracket will be available online on the Soccer State Information page.

c. Conference Berths (See Soccer Conferences)

d. At-large

Division I* & Division II at-large will be determined by the adopted RPI formula

NOTE: If Cook Inlet fails to annually send two (2) CIC teams to Fairbanks to play each Fairbanks school and two (2) teams to Juneau to play Juneau-Douglas with at least 3 to 4 CIC teams playing the Mat-Su schools either at home or away the at-large berth will automatically go to the Railbelt Conference

e. Bracketing

Division I & Division II seeding will be determined by the adopted RPI formula.

f. Overtime Policy

First round games and winner side of the bracket will follow the NFHS adopted overtime procedure. Consolation side of the bracket will follow the tie breaker penalty kick procedure.

4. STATE ROSTERS

Game Rosters may not exceed 22 players, but may vary from game to game, provided all players are listed on the official tournament roster. (See Bylaw Article 7, Section 10 and State Championship Roster Policy).

5. STATE POLICIES & PROCEDURES DOCUMENT

This detailed document outlining Soccer Championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc), will be available online prior to the start of the championship on the Soccer Coaches web page. State qualifying teams are required to review this document.

6. STATE CHAMPIONSHIP FORMS

All state forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the Soccer coaches page at asaa.org. The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct

- Good Sport Selection Form
- Academic Award Entry Form (submitted by admin, found at asaa.org)

7. AWARDS

- a. First and second place trophies
- b. 22 individual medallions for players, coaches, managers, of the first and second place teams
- c. Team Sportsmanship Award
- d. Academic Award
- e. All Tournament medallions awarded for outstanding tournament play, regardless of player position on the field.
- f. Player of the game awarded to one player from each team each game
- g. Two Good Sport Team Members Per Team
Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.

SOCCER CONFERENCES

DIVISION I (SPRING) (Berths to state are indicated in parenthesis)

Cook Inlet (4)

Bartlett
Bettye Davis East
Chugiak
Dimond
Eagle River
Service
South Anchorage
West Anchorage

Railbelt (3)

Colony
Juneau-Douglas
Lathrop
Wasilla
West Valley

At-Large Berth (1)

DIVISION II (SPRING) (Berths to state are indicated in parenthesis)

Mid Alaska (1)

Hutchison
Monroe Catholic
North Pole

Northern Lights (2)

Grace Christian
Houston
Kodiak
Palmer
Redington

Peninsula (2)

Homer
Kenai Central
Nikiski
Seward
Soldotna

Southeast (1)

Ketchikan

At-Large Berths (2)

ONE CLASSIFICATION (FALL/COED)

(No ASAA State Tournament)

Birchwood Christian
Cook Inlet Academy
Delta Junction
Holy Rosary
Lumen Christi
Nenana
Su-Valley
Tri-Valley